

Transition Requirements Based on Status for Reserve and Guard

Status of Member	Preseparation Counseling	Transition GPS	VA Benefits Briefings Only	Capstone
AD to AD (from one branch to another w/no break in service)	YES/2648	NO	NO	NO
AD Enlisted to OTS	NO	NO	NO	NO
AD to Palace Chase	YES/2648	YES	YES	YES
Active Reserve (AR)	YES/2648	YES	YES	YES
Tradition Reservist (not on Title 10)	NO	NO	NO	NO
IMA (Title 10, 180+ days)	YES/2648-1	YES (UNLESS EXEMPT)	YES	YES
IMA (not on Title 10)	NO	NO	NO	NO
Traditional Reservist/Guardsmen (Title 10, 180+ days)	YES/2648-1	YES (UNLESS EXEMPT)	YES	YES
AD to AGR (Title 10 Activation to AGR)	YES/2648	YES (UNLESS EXEMPT)	YES	YES
AGR to ART	YES/2648	NO	YES	YES
Traditional Guard	YES/2648-1	NO (MAY USE MLC)	NO (MAY USE MLC)	NO
AGR to AGR (one AGR tour ending with new consecutive AGR tour)	NO	NO	NO	NO
ART (civilian status)	NO	NO	NO	NO